

# Janice Waugh from solotravelerblog.com travel blog

## Our interview with Janice Waugh from solotravelerblog.com travel blog

Janice Waugh is author of [The Solo Traveler's Handbook](#), publisher of [Solo Traveler](#), the blog for those who travel alone and moderator of the [Solo Travel Society on Facebook](#) with over 60,000 fans. She has spoken at The Smithsonian and elsewhere on solo travel and at a number of industry events on travel blogging. She has been quoted in many media outlets including CNN, the Oprah Blog, the Washington Post, Chicago Tribune, LA Times and USA Today. You can follow her on [Twitter](#), [Pinterest](#), and [Google+](#). She is also founder of Full Flight Press, publisher of The Traveler's Handbooks series.

## Our interview with Janice Waugh:

### Why did you start travelling?

My mother inspired me to travel. She told me stories of cycling and hosteling when she was a teenager and it sounded so romantic to me. I started cycling into the countryside around Ottawa where I grew up shortly after that and then, when I was 14, I saved up for a month-long cycling trip in the UK. My passion for travel began.

### What is the most important during Janice Waugh travels?

I like meeting people. I like hearing about their lives, politics, culture... I like to learn about the world through the locals.

What is the most important experience that you had

during your travels?

People are so generous. People are so gracious. I return home from every trip with a better understanding of how to be both.

What is the most beautiful place that you have been to?

It's not possible to answer this question. There are too many beautiful places, beautiful moments... they all rush into my head when asked this question. Beauty comes in many forms. I think it best to be open to beauty, let it wash over you so as to discover new meanings of it all the time.

What Janice Waugh avoid when travel?

I don't go places that are the sites of strife. I travel solo. Safety is a big issue. There are so many places to go in this world that I don't feel the need to put myself in harms way.

**What is your biggest travel dream?**

The north. I want to explore Northern Canada, Iceland, Sweden, Finland, Russia...